

## 2023 PROVIDER LOCATOR

### Allied Medical

- Go to [www.alliedbenefit.com](http://www.alliedbenefit.com), navigate to the *Provider Networks* tab and select *Aetna Signature Administrator* (please note the EPO plan only covers in-network services and providers).
- You will be routed to an Aetna site to finish the search
- Enter your home zip, city, county or state into the search bar and adjust the search radius
- Enter a doctor's name or select a specialty to search, following the prompts until you get to the results.



### Cigna Dental

- Go to [www.Cigna.com](http://www.Cigna.com) and click **Find a Doctor**
- Select the Plans offered through **Work** or **School** directory
- Select the **Dentist** tab and enter in your location
- Click on **Pick** to find a plan
- Select Plan: **Total Cigna DPPO** or the **Cigna Dental Care HMO** (HMO is in California only)



### VSP Vision

Go to [www.vsp.com](http://www.vsp.com) and enter in your zip code and click Find a VSP Doctor



### HMSA Hawaii Plan

Go to [www.hmsa.com/search/providers/](http://www.hmsa.com/search/providers/) and select Preferred Provider Plan (PPO)



### CVS Caremark

All the TCWGlobal medical plans include a PBM to manage all your prescription drug needs. The new pharmacy benefits cover generic, brand-name formulary, non-formulary brand and specialty drugs. The best way to save on prescriptions is to use generic or over the counter medications as opposed to brand name drugs. When you use generic medications, you will pay the lowest copay.

Email [benefits@TCWGlobal.com](mailto:benefits@TCWGlobal.com) for a full list of covered medical and tier level.

To locate a participating pharmacy in your area or to price out the cost of prescription medications, call 800-237-2767 or visit [www.caremark.com](http://www.caremark.com).