

Allied Medical Plans

- Go to www.alliedbenefit.com, navigate to the Network Partners tab and select Aetna
- Select the Connect button in the PPO box (including the EPO plan, but please note the EPO plan only covers in-network services and providers).
- You will be routed to an Aetna site to finish the search
- Enter your home zip, city, county or state into the search bar and adjust the search radius
- Enter a doctor's name or select a specialty to search, following the prompts until you get to the results.



Cigna Dental Plans

Go to www.Cigna.com and click Find a Doctor

- Select the Plans offered through Work or School directory
- Select the Dentist tab and enter in your location
- Click on **Pick** to find a plan
- Select Plan: Cigna Dental PPO or EPO or the Cigna Dental Care HMO (HMO is in California only)



VSP Vision

Go to www.vsp.com and enter in your zip code and click Find a VSP Doctor



HMSA Hawaii Plan

Go to www.hmsa.com/search/providers/ and select

Preferred Provider Plan (PPO)



CVS Caremark

All the TCWGlobal medical plans include a PBM to manage all your prescription drug needs. The new pharmacy benefits cover generic, brand-name formulary, non-formulary brand and specialty drugs. The best way to save on prescriptions is to use generic or over the counter medications as opposed to brand name drugs. When you use generic medications, you will pay the lowest copay.

Email benefits@TCWGlobal.com for a full list of covered medical and tier level.

To locate a participating pharmacy in your area or to price out the cost of prescription medications, call 800-237-2767 or visit www.caremark.com.

